



Maple Ridge Christian Preschool

*Roots to Wings*

# PARENT HANDBOOK 2018-19



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*“Love the Lord your God with all your heart and with all your soul and with all your strength... Love your neighbor as yourself.” Mark 12:30-31*

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For simplicity in this Handbook, the word "parents" is used with the full understanding that a number of our students are under the governance and care of persons other than the birth parent(s).



**MAPLE RIDGE  
CHRISTIAN SCHOOL**

**Hearts. Minds. Transformed.**

Dear Parents,

Welcome to the Roots to Wings Preschool at Maple Ridge Christian School!

We are pleased that you joined our community and look forward to seeing your child grow. Our vision is to nurture your whole child—intellectually, emotionally, socially, physically and spiritually. The activities your child will take part of will focus on growth in all these areas in an engaging way.

This Parent Handbook provides a detailed overview of our Roots to Wings program and we hope you will read it carefully. This information contained inside will continue to provide value in the relationship between the home and school.

We look forward to a great year ahead—and to see hearts and minds transformed for the glory of God.

Yours in Christ,

Mrs. Valarie Sawka  
Principal  
Maple Ridge Christian School

## **SECTION 1: VALUES AND BELIEFS**



- 1.1 Our Mission
- 1.2 Our Vision
- 1.3 Vision for Roots to Wings

## **1.1 OUR MISSION**

This is why our school exists

To provide Christian education to transform the whole student—and the world—for Jesus Christ.

## **1.2 OUR SCHOOL VERSE**

This is where we root ourselves in God’s word

Love the Lord your God with all your heart and with all your soul and with all your strength... Love your neighbor as yourself.” Mark 12:30-31

## **1.3 OUR VISION**

This is what our staff focuses on every day

To provide innovative Christian education in a mission-minded community where every student thrives.

### **Vision for Roots to Wings**

The Roots to Wings Preschool at Maple Ridge Christian School will provide a vibrant and dynamic community of learning where young children can experience the joy of learning, while building relationships with others.

Children will learn about God’s love and His world through a loving, caring and nurturing school environment with teachers that are passionate about teaching with a Biblical perspective.

The children will engage in their learning through a play based learning environment that provides seamless learning opportunities by using developmentally appropriate curriculum. The curriculum will encourage child development in physical, emotional, social, spiritual, linguistic, aesthetic and cognitive areas.

## **SECTION 2: FACTS AND FIGURES**



- 2.1 Who can Enroll
- 2.2 Admissions
- 2.3 Registration Process
- 2.4 Preschool Fees
- 2.5 Orientation Session

## 2.1 WHO CAN ENROLL?

### Preschool and Junior Kindergarten

All parents who are interested in exploring and supporting a Christian worldview and seek to participate in a Christ-centered education for their child/ren may enroll them in the early learning program at Maple Ridge Christian School.

### Kindergarten to Grade Twelve

All parents who are committed to a Christian worldview and seek a Christ-centered education for their child/ren may enroll them in Maple Ridge Christian School. All families submitting a K-12 registration application will also be asked to attend an interview before official acceptance of the child/ren into the school can be granted.

## 2.2 ADMISSIONS

In order for a child to be admitted to the Roots to Wings program at Maple Ridge Christian School, he or she must meet the following requirements:

- Minimum required age for admission: 3 years by end of December
- Children must be completely toilet trained
- Full admission will be granted after a 2 month probation period to assess the preschool's suitability to your child's needs

Note: Admission into the preschool does not automatically transfer into admission into the K-12 program at MRCS.

## 2.3 REGISTRATION PROCESS

- Complete the "Roots to Wings" Registration Packet for each child you would like to enroll. This is available at the school office as well as on the school's website.
- Please return the following information to the office:
  1. Completed Registration Form
  2. Non-Refundable Application Fee \$35.00
  3. Copy of Birth Certificate
  4. Copy of Immunization Record
  5. Emergency Consent Card
  6. Consent Form
  7. Pre-Authorized Debit Agreement

## 2.4 TUITION FEES FOR 2018/2019

Preschool program                      \$145/month

Age: 3

Tuesdays & Thursdays, 8:40 – 11:10 AM

\*Tuesdays & Thursdays, 12:10 – 2:40 PM

Junior K. program                      \$180/month

Age: 4

Monday, Wednesday & Friday, 8:40 – 11:10 AM

\*Monday, Wednesday & Friday, 12:10 - 2:40 PM

\*Afternoon classes will be offered if there is enough interest.

In addition, an annual, non-refundable registration fee of \$35.00 is required for registration.

Additional fees may be requested by the teacher to pay for class trips or special activities.

Fees may be paid in full on the first day of preschool, in two installments (Sept and Feb), or by monthly pre-authorized payments. Forms are to be completed and void cheques attached.

If you are a family who requires financial assistance, yet would like your child to attend our preschool program, please note that you may qualify for BC Childcare Subsidy. This program offers financial support for families in need. Subsidy does not cover all tuition costs and families are responsible for any outstanding tuition, including the registration fee and deposit. For more information, including details about eligibility and how to apply, visit their website at <http://www.mcf.gov.bc.ca/childcare/subsidy/eligibility.htm>.

## **2.5 ORIENTATION SESSION**

You will receive a “Welcome to School” email during the summer, with information regarding the details and the routines of the classroom as well as information as to what needs to be brought to preschool. You will also be notified of a mandatory Orientation Session where the parents and children are expected to come to the preschool to meet the teachers and see their classroom. The orientation session for the Junior Kindergarten classes is the first Wednesday after Labour Day, while the orientation session for the Preschool classes is the first Thursday after Labour Day.



## **SECTION 3: OUR COMMUNITY**



- 3.1 Brief History
- 3.2 Class Times
- 3.3 Teachers

### **3.1 BRIEF HISTORY**

The Maple Ridge Christian School (formerly Haney - Pitt Meadows Christian School) was opened in 1956 with an enrollment of twenty-eight students and two teachers. Operation began in the basement of a local church. The school made one more move to a two-room school on the corner of Harris and McNeil Roads before buying the present property on 203rd Street in 1959. In November 1961, the school moved to this property into a building that had been purchased from the old Shaughnessy Hospital in Vancouver, barged up the Fraser River, and trucked through the streets of Pitt Meadows. In September 1988 Phase I of the present modern facilities was ready for occupancy. Phase II was completed in November of 1990, and in that same month, the old Shaughnessy Hospital wing was demolished. Phase III was completed for school opening September 1992. Then, once again, portables were added in the summer of 1995. The early learning community at the school is growing and we are now providing a full day Kindergarten program and in the fall of 2010 we also opened our first Preschool and Junior Kindergarten classrooms.

### **3.2 CLASS TIMES**

The preschool program will run every Tuesday and Thursday morning, beginning at 8:40 until 11:10 AM.

The Junior Kindergarten program will run every Monday, Wednesday and Friday morning, beginning at 8:40 until 11:10 AM.

Afternoon classes may be opened up, depending on the number of children registering in a given year. The afternoon program will run every Monday, Wednesday and Friday afternoons, beginning at 12:10 until 2:40 PM. A Tuesday/Thursday afternoon class will also be added if there is enough interest.

All classes will be open the same days as the rest of the elementary school classrooms. School will be closed on holidays, professional development days and in-service days. The school calendar is available on-line at [www.mrcs.ca](http://www.mrcs.ca) as well as at the school office.

### **3.3 THE TEACHERS**

For 2018-2019, our preschool and Junior Kindergarten director will be Mrs. Ingrid Fritsch. She is a certified ECE teacher, holds a valid first aid certificate and is full of exciting ideas to make learning in her class a safe, fun and engaging experience for our children. She enjoys attending workshops and conferences to absorb new ideas, and has been part of a team formed by the Society of Christian Schools of BC to create and implement a Preschool Evaluation and Review manual. She and her husband are also part of our parent community with two of their 4 children enrolled in the high school program, and two having recently graduated. Together with her family, she enjoys hosting International students in her home, as well as baking. Feel free to communicate with her through email: [i.fritsch@mrcs.ca](mailto:i.fritsch@mrcs.ca).

Mrs. Lizette Tsuchiya teaches alongside Mrs. Fritsch as our preschool and Junior Kindergarten teacher. Mrs. Tsuchiya received her diploma for Early Childhood Education from Ridge Meadows College in 2012. She completed one of her practicums at Roots to Wings Preschool and since then she became a regular volunteer and substitute teacher in the classroom. Lizette also has experience as an Art teacher Assistant in Mexico City and as an Art and Spanish teacher at Reach for the Stars Montessori in Vancouver, B.C. She has been a substitute teacher at Maple Ridge West Learning Center Edleun in Maple Ridge. Since 2011, Lizette has also been responsible for the Katzie First Nations Success Club where she designs, plans and implements curriculum for First Nations Pre-school and Elementary children. She has two daughters attending MRCS.

## **SECTION 4: HEALTH AND SAFETY**



- 4.1 Health and Illness
- 4.2 Updating Information in Your Child's File
- 4.3 If Your Child has Allergies
- 4.4 Medication
- 4.5 Immunization
- 4.6 Child Abuse
- 4.7 Disaster Planning
- 4.8 Safety Drills

## **4.1 HEALTH AND ILLNESS**

God has commissioned us to care for the body he has given us. Living healthily, teaching our children to be healthy, and taking care of ourselves, is an important part of Christian Living. MRCS and its supporting community are committed to encouraging a healthy lifestyle for students and staff.

In addition, the early learning community is committed to providing a safe and healthy place for children. Therefore, when a child starts to exhibit the symptoms of being sick, parents are asked to make alternative care arrangements. Symptoms may include:

- a persistent fever of 38.8°C or higher
- an unexpected rash, vomiting, diarrhea, chronic cough or pink eye
- becomes ill at school or develops new symptoms
- is too sick to participate in activities

Please refer to the “Illness in Child Care – Quick Guide” at the back of this handbook for further reference.

The preschool/Jr.K teacher must be notified within 24 hours when your child contracts a communicable disease (such as chicken pox) or a parasite (such as lice). Other parents will be notified of the presence of such disease or parasite. After a suspected or confirmed disease or parasite the child may only return to school with written medical consent.

## **4.2 UPDATING INFORMATION IN YOUR CHILD’S FILE**

Information about your child needs to be kept up to date at all times. Please inform the preschool/Junior Kindergarten director of any information changes that need to be updated in your child’s records. S/He will transfer all the information to your child’s file as well as notify the main school office.

## **4.3 IF YOUR CHILD HAS ALLERGIES**

Many children are allergic to various substances and this needs to be brought to the attention of the staff. This is especially important if your child has allergic reactions to food. If your child requires special treatment, such as Epi-Pens, please provide the necessary medication in the preschool classroom at all times.

Please be sensitive to any notices that go out regarding actions that might need to be taken to help another child that may have threatening allergies (for example, we may ask that certain foods not be brought into the room, or pets, etc).

If your child suffers a LIFE THREATENING ALLERGY it is of vital importance that you provide all the necessary information and medicine prior to the first day of school. In addition, a CARE PLAN, detailing your child’s safety will need to be in place before the start of school. The CARE PLAN will be developed by the parent(s) and the preschool/Junior Kindergarten teacher.

## **4.4 MEDICATION**

No medications, unless needed for a life threatening condition (allergy, asthma) will be administered by any staff member. All critical medications will be kept in a safe place in the classroom. Care plans for proper dosage and administration will need to be in place prior to the medication being permitted in the room. Care plan will be developed by parent(s) and teacher, using the advice of experts.

## **4.5 IMMUNIZATION**

For the health of all the children in our community, all children who enroll at Maple Ridge Christian School, as well as the Roots to Wings Early Learning Community, are strongly recommended to have completed the standard course of immunizations. Please submit your child’s immunization records as part of the registration process. Parents are required to notify the school of any changes to the immunization records.

## 4.6 CHILD ABUSE

It is our hope and prayer that every child is growing up in a safe and loving environment. Unfortunately, this isn't always the case. Should a situation arise where a teacher has reasonable concern about the safety and well-being of one of their students that teacher is legally and morally obligated to file a report with the Ministry of Children and Family Development. Established MRCS procedure (available at the main office) will be followed in such a case.

## 4.7 DISASTER PLANNING

Maple Ridge Christian School teachers and staff have well defined emergency procedures that are updated annually to meet the needs of our community. All students participate in regular safety drills (fire, earthquake and lockdown) to ensure the proper procedure can be followed should a real emergency occur. In addition, many members of the MRCS staff participate in first aid and CPR training. **ALL students will be supervised and attended to until a parent or certified contact person is able to pick up the child.** For more details about our emergency preparedness plan please contact the school office.

## 4.8 SAFETY DRILLS

In order to prepare students for the unlikely event of a fire, earthquake or school evacuation, the teacher and staff will practice safety drills with the class. Every month the early learning community will practice and role-play fire drills and evacuation procedures. In addition earthquake preparedness and drills will also be taught and practiced. Several of these drills will be co-ordinated with the rest of the school community.



## **SECTION 5: EVERYDAY DETAILS**



- 5.1 Guidance and Discipline
- 5.2 Separation
- 5.3 Gradual Entry
- 5.4 Arrival and Pickup
- 5.5 Parental Access
- 5.6 Late Fees
- 5.7 Withdrawal
- 5.8 Attendance
- 5.9 Pictures
- 5.10 Clothing
- 5.11 Birthdays
- 5.12 Snacks
- 5.13 Field Trips
- 5.14 Scholastic Book Club
- 5.15 Show and Tell

## 5.1 GUIDANCE AND DISCIPLINE

Young children feel secure and accepted when they know what is expected of them. The classroom is a happy and loving place when it is free from conflict and disorder. There are clear guidelines that are established in the classroom that encourage appropriate social and behavioural development. A few examples:

- Establishing limits and boundaries early in the year to recognize appropriate and inappropriate behaviour
- Providing choices and natural consequences for actions
- Redirection and distraction
- Teacher facilitated problem solving
- Giving clear and simple instructions

There are also some harmful actions that are not permitted and will not be tolerated in the classroom:

- Shoving, hitting or shaking by a teacher or another child, or confinement or physical restraint by another child
- Confinement or physical restraint by a teacher, except as authorized in a child care's plan if the care plan includes instructions respecting behavioural guidance
- Harsh, belittling or degrading treatment by a teacher or another child, whether verbal, emotional or physical, that could humiliate the child or undermine the child's self-respect
- Spanking or any other form of corporal punishment
- Separation, without supervision by a responsible adult, from other children
- As a form of punishment, deprivation of meals, snacks, rest or necessary use of a toilet

Time out is used when a child physically hurts another child. The child needs to know that this behaviour is serious and not acceptable. This method allows the child to have a few minutes to reflect on his/her feelings and those of the other child. Then with the help of the teacher the child is given the opportunity to come up with a positive plan for future encounters. Children remain in a supervised area during time outs.

## 5.2 SEPARATION

Beginning school is a new and exciting experience; however, separation can be difficult for some children and parents. To make the first days of school a positive and happy time, we ask you help us with the following:

- Discuss with your child your intention to leave
- Say goodbye in a kind but firm manner
- Reassure your child of your intention to return when school is finished
- Be consistent and loving and your child will have a smooth and happy start to the school year
- Please do not discuss your child's worries or anxiety with a teacher when your child is in hearing range

## 5.3 GRADUAL ENTRY

If this is your child's first preschool experience and beginning is a challenge, the preschool teacher will help assess his/her gradual entry needs. If your child is having difficulty adjusting, the parents and teacher will help decide the best way to slowly introduce your preschooler to the classroom environment.

## 5.4 ARRIVAL AND PICK UP

Preschool and Junior Kindergarten start times are after the K-12 classes begin. This will allow for you to have adequate time to park in the parking lot and bring your child to the classroom. The preschool and Junior Kindergarten will also end during a time where there is little traffic congestion and it will make it simple to safely pick up your child.

The preschool classroom will be opened at 8:40 AM (and 12:10 PM for any afternoon class). During class the door will be closed and parents and visitors will need to gain permission to enter the room. Please do not come into the classroom prior to the end of the day; the teacher will open the door when the students are ready to go.

Please follow the arrival and pick up procedures listed below.

- Parents or persons authorized must bring your child into the classroom
- Please make contact with the teacher upon entering the classroom
- You must **“sign in”** in the log book, located by the main entry door
- Parents or persons authorized must come into the classroom to pick up your child
- Please make contact with the teacher upon entering the classroom
- You must **“sign out”** in the log book, located by the main entry door

Children will only be allowed to leave the school with their parents, guardians or someone designated as an “Authorized Person” on the registration form. The preschool teacher may choose to verify permission with a phone call prior to releasing the child.

If it appears that the adult picking up the child is unable to safely care for the child the preschool teacher will assist in making alternate arrangements. If there is a serious concern for the child’s safety, the police will be notified.

If the parent does not arrive to pick up the child the teacher will:

- a. contact parent(s) work and home number(s) and all emergency contacts listed
- b. keep trying for two hours at which time the Ministry of Children and Family Development will be contacted

If an unauthorized person attempts to pick up a child the teacher will:

- a. ask the person to remain outside the classroom until the parent is contacted for consent AND
- b. check the person’s ID before allowing the child to be released

If the unauthorized person becomes confrontational the teacher will:

- a. notify the principal and ask for his/her involvement
- b. attend to the children in his/her care, including the child in question

If the unauthorized person forcefully removes the child the principal will:

- a. write down the license plate of the vehicle in question
- b. notify the local police and the MFC

## **5.5 PARENTAL ACCESS**

If a parent arrives unexpectedly, due to an appointment or family emergency the parent can

- knock on the door to alert the teacher
- sign in at the main office and ask them to notify the classroom teacher

Please be aware that the preschool must have copies of all legal custody agreements, restraining orders or court orders denying a parent access. If a non-custodial parent arrives at the preschool, teachers will attempt to stop this parent from picking up their child ONLY if the above mentioned documentation is in their file.

## **5.6 LATE FEES**

Parents are asked to pick up their children promptly at the end of class. More than one late occurrence (more than 10 minutes late) will result in a late fee charge of \$15.00 per occurrence. The fee must be paid before the child returns to class.

## **5.7 WITHDRAWAL**

If you choose to withdraw your child from the Roots to Wings Program, a 30 day notice is required. Failure to submit adequate notice will result in forfeiting one month’s fees.

## **5.8 ATTENDANCE**

School is in session from September to June. Preschool and Junior Kindergarten will observe the same school calendar as the K-7 students. The preschool and Junior Kindergarten classes will observe the same statutory holidays, vacations, in-service and professional development days.

There are no refunds or fee reductions for days when school is not in session as well as any additional statutory holidays, sick days or family vacations that may be taken throughout the year. Please check the school's calendar on our website on a regular basis to stay informed of any changes and updates to the school calendar.

## **5.9 PICTURES**

Individual student and class photos are taken in the Fall. Please be aware that if you have signed the photo consent form in your child's registration package your child's photos may also appear on our school's website, our school's Facebook page, the local newspaper, and other publications. Should you wish not to have your child's picture(s) published please do not sign the photo consent and let the main office know.

## **5.10 CLOTHING**

Our choice of clothing is one of the ways we live out our faith at Maple Ridge Christian School. As temple-keepers, we care for our bodies. As image-reflectors, we care about what our clothing communicates. We value respect and modesty. We value physical activity and dress must be appropriate for school activities.

- An extra pair of non-marking VELCRO or slip-on shoes must be left at school for indoor use
- During cold or rainy weather, students must have a jacket, boots and mittens
- Please pack an extra pair of socks in your child's backpack (just in case)
- Clothing must be suitable for play and comfortable
- Clothing with graphics must be respectful and represent school values
- Shoes must be worn always. No flip-flops for safety reasons
- Clearly LABEL all personal belongings with your child's name

## **5.11 BIRTHDAYS**

Having a birthday at school is an exciting and special time. Children who celebrate their birthdays during the year will be recognized in a special way during the day. Parents are encouraged to bring an easy-to-serve snack to school for the child to share with the class. However, please notify the teacher several days prior to doing so. The teacher will also let you know if there are any allergies you may need to be aware of. Near the end of the year a time will be set aside to celebrate those children whose birthdays are in the summer.

## **5.12 SNACKS**

Snacks are NOT provided by the preschool and Junior Kindergarten. Children need to bring their own snack to school. Your child's snack must be pre-cut and in a reusable, labeled container. Water, in a reusable, labeled container, instead of juice or pop, is recommended. Healthy nutritional snacks are encouraged.

## **5.13 FIELD TRIPS**

Throughout the year the preschool and Junior Kindergarten class will go on off campus trips in and around our community. Maple Ridge Christian School has an extensive field trip policy that we adhere to. However, in preschool and Junior Kindergarten we require that parents accompany and drive/chaperone their child on the field trip or find someone that can take his/her place. Carpooling is recommended but you are responsible for arranging this on your own.

## **5.14 SCHOLASTIC BOOK CLUB**

Most months you will receive a Scholastic Book Club order form. These books are offered at a reasonable price to help you build your home libraries. There is no obligation to purchase books. We do remind you to choose books carefully because not all books are suitable to individual family values. The preschool benefits by receiving bonus dividends to select books for children's use. When ordering books please check your payments and make sure your cheque is made payable to Scholastic Canada Ltd.

## **5.15 SHOW AND TELL**

Many toys get lost when children bring them to preschool. However, we will be sending a Show and Tell bag home starting in October. This will be your child's opportunity to bring ONE item from home and share with the class. Please no violent toys such as toy guns, Power Rangers, etc. More information will be sent home in September.



## **SECTION 6: GOOD COMMUNICATION**



- 6.1 Conflict Resolution
- 6.2 Parent Communication
- 6.3 The Role of Parents and Caregivers

## **6.1 CONFLICT RESOLUTION**

Occasionally a situation may arise where you are concerned or frustrated about something that is happening in your child's classroom. When this happens please do not hesitate to take appropriate steps to see this issue is resolved. We ask that as soon as you have a concern that you would first address the problem with your child's classroom teacher. Together you will be able to brainstorm ways to successfully resolve the conflict. Should this not adequately fix the situation you are then encouraged to speak to the principal or vice principal and have him or her mediate and become involved in the conflict resolution. Situations that cannot be resolved at the administration level can then be taken to the Board of MRCS.

## **6.2 PARENT AND SCHOOL COMMUNICATION**

Throughout the year you will be receiving newsletters to inform you of things happening in the preschool such as field trips, themes, etc. Regular email reminders and updates are also part of our communication structure.

A parent information board is located just next to the cubbies informing you of special announcements, reminders of field trips, etc. Please remember to check it.

During the school day you can call the school directly at the office or email the office at [mr.cs.office@mr.cs.ca](mailto:mr.cs.office@mr.cs.ca). If you need to leave a message for a teacher or your child the office will forward the message as soon as possible. After school hours you may leave a message at the office or send an email. The teacher's email addresses are also available in your handbook so that you may contact them directly. Please be considerate and do not interrupt a class to speak to a teacher or student about a lengthy concern.

## **6.3 THE ROLE OF PARENTS AND CAREGIVERS**

There are some important ways in which parents or caregivers can help their children achieve success in school:

The child needs love and understanding. Regardless of age, the child will depend on the parents to develop that relationship. Emotional upsets hinder or block the child's academic progress and can result in failure to realize potential.

It is important to show interest in the child's school activities. Do attend school programs and school activities. Remember to use praise for accomplishments and things well done.

A child should be encouraged to work according to his or her abilities. Do compliment your child when success or improvement is shown.

A child's Christian experience should be furthered by devotions in the home and regular attendance at church and church activities.

A child needs sufficient sleep to perform well in school the next day. Children should be punctual and well-prepared for the day.

Support and encouragement at home in front of your children for the school staff is appreciated and goes a long way in enhancing respect. Concerns can be dealt with one on one with staff.

## **SECTION 7: THE EDUCATIONAL PROGRAM**



### 7.1 Program Outline

## 7.1 PROGRAM OUTLINE

Here's a sample of what your preschoolers (or Junior Kindergartener's) day might typically look like:

- Opening Circle Time / Theme Circle
  - Calendar, weather, special helper, thematic unit
- Free Play
  - Children explore centers and they may do art
- Clean up Time
  - All the children are encouraged to help
- Bible Circle/Discussion Time
  - Stories, music and movement, prayer
- Wash Up Routine
  - All the children wash their hands and prepare for snack time
- Snack Time
  - Snack
- Quiet Time
  - Children choose a book and read quietly
- Active Play
  - Gym time or outside play (depends on the weather)
- Closing Circle and Dismissal
  - Finger plays, good-bye songs

## ILLNESS IN CHILD CARE – A QUICK GUIDE

Disease	Symptoms	Infectious?	Remove from Centre
Chicken Pox	Fever Blister type rash	YES, 5 days after onset	YES, from when spots first appear and 5 days after
Cold with Fever	Runny nose, clear discharge, doesn't want to eat, slight cough plus fever – above 37 degrees. Runny nose, green discharge, tired, severe cough, hurts all over	YES, before and during symptoms	YES, from when spots first appear and 5 days after
Common Cold	Runny nose, clear discharge, doesn't want to eat, slight cough	YES, before and during symptoms	NO
Diarrhea #1	Runny stools. If no other problems, check with parent. It could be normal or because of diet	NO	NO
Diarrhea #2	Runny stools, fever above 37°F, bad smell, fussy, cranky, pain and/or vomiting	YES	YES, until doctor says it is not infectious
Ear Infections	Fever, clear discharge from nose, cranky, pulls on ear	NO	NO
Flu	Fever is above 37°F, cranky, in pain, may have runny nose, nausea or vomiting	YES	YES, until symptoms are gone
Hand, Foot and Mouth Disease	Spots on palms of hands, fingers and soles of the feet. Sometimes on the buttocks; for 7 to 10 days	YES	
Herpes Simplex (common cold sore)	Fever blister or sore around mouth	YES	Decide each individual case with a Public Health Nurse
Impetigo	Crusty rash, mostly on face, arms or legs	YES	YES until on antibiotics for 24 hours
Nausea/Vomiting		YES	YES, until it stops for 24 hours
Pink Eye	Thick discharge from one or both eyes, redness or itching of one or both eyes	YES	YES, until seen by a doctor who says child may return
Rashes	Red spots anywhere – can be measles, chicken pox, allergies, impetigo	YES	YES, until doctor says it is not contagious
Sore Throat	Fever, red throat, hurts to swallow (could be strep throat)	YES	YES, until on antibiotics for 24 hours
Lice		YES	YES, until all nits are removed